

# TOP 10 LABORATORY TESTS FOR MITOCHONDRIAL CONCERNS

- Lactic Acid
- Pyruvic Acid
- Plasma Amino Acids
- Urine Organic Acids
  - Creatine Kinase
  - Carnitine Analysis  
(total carnitine, free carnitine, and acyl-carnitine profile)
- Complete Blood Count (CBC)
- Comprehensive Metabolic Panel (CMP)
- Vitamin B12, Folate, Methylmalonic Acid
- Quantitative Immunoglobulins  
(IgE, IgG, IgA, IgM )

[www.EmpoweredAdvocacy.com](http://www.EmpoweredAdvocacy.com)

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Join our First Steps Support Site online to learn more about Mitochondrial disease. We are here to help you, every {first} step of this journey, because YOU know your child BEST. Period.

